

# Texas Parent to Parent is pleased to invite you to attend the TxP2P 2024



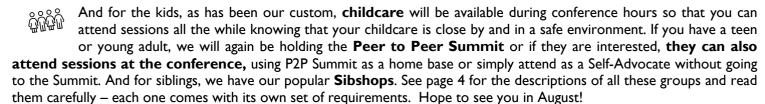
## 19th Annual Parent Conference

We hope you'll join us this summer in San Marcos as we celebrate our **19th Annual Parent Conference!** We're very excited about our speakers, exhibitors, and keynote speaker this year! Hope you can join us! This year's conference brings you 56 sessions to choose from that cover a great array of topics, including behavior, advocacy, transition, special education, mental health, parenting, and self-determination issues. We know it's hard to choose just one session per time slot but pick the one that applies to where you are now – we'll be back next year.



Don't forget our **Family Fun Night** on Friday night – it's for the whole family and we'll have terrific games for the kids, and time to visit with old and new friends. We will have opportunities for sponsors and exhibitors to offer fun games and activities for the kids from 5-6 pm. **Registration for the Family** 

Fun Night is required, so don't forget to sign up when you submit your conference registration forms. Please note that dinner is on your own.



# **OUR 2024 KEYNOTE SPEAKER**





Dr. Zipporah Levi-Shackleford, PBSF Dr. Levi-Shackleford, Founder and Behavior/Education Consultant at The Creative Approach Development Center, specializes in assisting individuals with disabilities and mental health challenges. She helps them recognize how everyday tools and resources can be utilized to achieve their goals. Despite the common belief that the coveted parent handbook does not exist, Dr. Levi-Shackleford has discovered that it does—it's hidden within the stories and nursery rhymes we share with our children. Dr. Levi-Shackleford will offer parents and caregivers a unique perspective: that the characters in these tales provide valuable insights into the parenting journey. Attendees will gain insight into how these stories and nursery rhymes can serve as powerful tools to support their child's growth, resilience, and well-being. Join Dr. Levi-Shackleford explore the enriching potential of familiar tales and discover the keys to successful parenting.

#### Conference Schedule ◆

PPMP Special Session/Training	Friday – Au	gust 9, 2024	Saturday – Aug	gust 10, 2024
	Registration	7:30 – 9:00 AM	Registration	8:00 – 9:00 AM
Peer Parent Mentor Training	Keynote Speaker	9:00 - 10:15 AM	Session 4	9:00 - 10:00 AM
Thursday, August 8th	Break	10:15 – 10:30 AM	Break	10:00 - 10:30 AM
1:00 – 5:00 PM	Session I	10:30 - 12:00 PM	Session 5	10:30 – 12:00 PM
	Lunch	12:00 – 1:30 PM	Lunch-TxP2P Awards	12:00 – 1:30 PM
CONFERENCE REGISTRATION	Session 2	1:30 – 3:00 PM	Session 6	1:30 – 2:30 PM
ON THURSDAY EVENING	Break	3:00 – 3:30 PM	Break	2:30 - 3:00 PM
	Session 3	3:30 – 4:30 PM	Session 7	3:00 – 4:30 PM
Thursday, August 8th 5:00 - 7:00 PM	Family Fun Night (dinner on your own)	5:00 – 6:00 PM	Closing Session	5:00 – 5:15 PM

#### HOTEL



A limited number of rooms are available **now** at the special conference rate of \$165 (+ tax) (single, double, triple or quad) at Embassy Suites Hotel San Marcos. Rooms will be available on a first-come, first-served basis. Reservations made by July 9th, 2024, will receive this negotiated group rate. Please be aware that the reserved "room block" is usually filled prior to July 9th, and if this happens,

reservations are subject to availability and possibly an increased rate, so don't delay in making your reservations.

You can call the hotel directly (512-392-6450) to make your reservation - Or the personalized conference website is Texas Parent to Parent. You MUST identify yourself as being with the Texas Parent to Parent Conference to receive the \$165 conference rate.

You will need a credit card to reserve your room at the Embassy Suites. Check-in is at 4 pm - check-out is 1 am. To ensure you receive the correct rate, be sure to have your reservation confirmation emailed or mailed to you (and check the rate and dates!). Your room cost includes a complimentary cooked-to-order breakfast or other breakfast offerings for each person staying in the room. Each accommodation is a two-room suite with a separate bedroom, living room with a sofa bed; rooms with queen-size beds can sleep up to 6 people. Amenities include two flat-screen TVs, microwave, refrigerator, and high-speed internet access (wired and wireless). If you must cancel your hotel reservations, 48 hours prior to your first night for the reservation.

**Lodging Stipends**: We are thrilled to offer lodging stipends for the Embassy Suites Hotel to parents of children with disabilities attending the conference. As always, stipends are a hot item and will go fast, so act quickly! Lodging stipends will be awarded based on financial need and you must register and then contact Rosalba Calleros at Rosalba.calleros@txp2p.org to request one. First consideration for lodging stipends is given to new families who live more than 70 miles away from the conference hotel and those who have not received lodging stipends in the past 2 years.

Lodging stipends are available only to parents and family members of children with disabilities or self-advocates over 18, attending the conference and are awarded for a maximum of 2 nights.

Please note that lodging stipends for hotel expenses do not cover 100% of your room cost unless you are sharing a room with another parent who is also receiving a stipend (this can be your spouse, have him/her registered). If you are not sharing a room, you will still owe the difference between the stipend amount and the hotel room charges. For example, with the conference room rate of \$165, total charges for one day, including taxes, are approximately \$190.44 The maximum lodging stipend is \$107 per night, so unless you are sharing a room with another parent, you will owe everything over \$107—approximately \$84 per night. If you share your room with another parent who also is getting a stipend, your room cost would be completely covered for that night.

Also, if you receive a lodging stipend and are then unable to attend, you must cancel your reservation by 3:00 p.m. 24 hours prior to your first night for the reservation. If you don't cancel in time, you and/or TxP2P will have to pay the first night's fees.



\*\* Hotel Information: Embassy Suites Hotel, 1001 McCarty Lane, San Marcos, TX 78666 \*\* Hurry! Space is limited and goes quickly!



**Exhibitors**: For information about exhibiting at the TxP2P Conference, please contact Dora Saavedra at: 866-896-6001, 512-458-8600 or email: dora.saavedra@txp2p.org.



**Donations Needed:** If you are able, please consider making a donation to help other families attend the conference. Every dollar counts—these donations have helped several families attend the conference in past years and are greatly appreciated!





Register online at <a href="http://www.txp2p.org">http://www.txp2p.org</a> or call anyone in the office at 866-896-6001. For additional information, contact Norma Castro by email at <a href="mailto:norma.castro@txp2p.org">norma.castro@txp2p.org</a>

<u>PLEASE NOTE</u>: Each registered participant will receive a confirmation email. Please read it carefully and let us know if there are any errors. Your registration is complete only when full payment is received by TxP2P. To receive Early Bird or Regular conference rates, <u>we must receive payment by the designated cut-off dates if paying by check, cash, or credit card</u>. If any registration is paid by <u>purchase order</u>, the flat rate is \$700.00.

On-site registration will be available at a higher rate of \$450.00 for parents and \$650.00 for professionals. We must receive written cancellation (email or U.S. mail) no later than July 31st. No refunds will be made for any cancellations after July 31st. Payment in full will be required for all purchase orders if cancellation is not made on or before July 31st.

#### **ADDITIONAL INFORMATION:**

<u>Meals</u>: Let us know if you plan to eat meals with us by completing the meal portion of your registration form. If you are staying at the Embassy Suites, please take advantage of the cooked-to-order breakfast and other breakfast items at the hotel. **Children & youth receive lunch** in the Childcare, Sibshops & Peer to Peer Summit rooms.

<u>Conference Scholarships</u>: Money is tight for everyone, but help may be available to assist you in attending the TxP2P Conference. If you are receiving services from your Local Authority, CSHCN, or a school district, ask them for help with your cost for the TxP2P Conference. Your local school district may have money allocated for parent training that you can use toward your costs.

**CEUs:** We are pleased to offer CEUs for Social Workers, Licensed Professional Counselors, Educators, and Early Intervention Specialists for \$150.00. If you need a certificate of attendance – just let us know on your registration form and we'll provide one at no charge.

### Peer Parent Mentor Training

Thursday - August 8th, 1:00-5:00 p.m.

(Note: No registration will be allowed on-site. Childcare is available if requested in advance.)

You can connect and help other families like yours by becoming a Peer Parent Mentor. Do you remember when you first got your child's diagnosis? Who provided you support? Remember how important and helpful that was? Become a parent mentor now! To complete this shortened version of the Peer Parent Mentor training, you must also register for and attend two sessions on Friday, Session 2040: <u>Grief & Stages of Adaptation</u> from 1:30 pm to 3:00 pm and Saturday Session 5041: <u>Care for the Caregiver</u> from 10:30-12:00 pm. This will be a great opportunity to pay it forward, help a family new to a diagnosis, network with other attendees, and begin your conference experience with valuable information! To register, please check the box for the Peer Parent Mentor training on your conference registration form and we will contact you with additional information. If you arrive after 1:30 p.m. on August 8<sup>th</sup>, you will not be able to attend the training.



(Note: No registration will be allowed on-site.)

Childcare is very limited, so if you can make other arrangements for your children, please do. If you need childcare, please indicate this on your registration form and fill out the childcare form on-line. Limited small stipends to help lower the cost of childcare *may* be available — let us know if you are unable to attend the conference without one.

Childcare is provided in one large room with the children separated out into groups. If your child has a problem with noise level or large group settings, you may want to seek other arrangements. Also, if your child is 10 yrs. or up and is **incontinent**, you must come take care of that task. We are unable to accommodate children who need all day one-on-one care or any child over 12 years old.

Children in childcare will be fed in the childcare rooms. If you prefer, you may purchase an additional noon conference meal for your child at the rate of \$75.00 per meal if you'd like to have lunch with him/her. Please discuss any change in the established childcare meal plan with your Childcare Team Leader and indicate the number of additional meals you would like to purchase on your registration form.

Childcare space goes very fast and will be closed when capacity is reached. The registration fee is refundable if you are unable to attend the conference and provide written notice to TxP2P (via email, fax or U.S. Mail) on or before July 31st. Childcare will run from 8:00 a.m. - 5:15 p.m. on Friday and 8:00 a.m. - 4:30 p.m. on Saturday. We ask that you promptly pick up your child at the end of the day as indicated - our childcare workers need to be able to go home!



#### Saturday - August 10, 2024 (Note: No registration will be allowed on-site.)

Sibshops are lively, pedal-to-the-metal celebrations of the many contributions made by brothers and sisters of kids with disabilities. Sibshops acknowledge that being the brother or sister of a person with disabilities or special health care needs is for some a good thing, others a not-so-good thing, and for many, somewhere in between. They reflect a belief that brothers and sisters have much to offer one another if they are given a chance. The Sibshop model intersperses information, discussion, activities and games. Sibshops seek to provide siblings with opportunities for peer support, something TxP2P strongly believes in. Because Sibshops are designed primarily for children aged 8 to 12, peer support is provided within a lively, recreational context that emphasizes a "kidseye-view." Group is limited to 15 children and will be facilitated by a trained Sibshop Facilitator. For more information on Sibshops, visit <a href="http://www.siblingsupport.org/">http://www.siblingsupport.org/</a> or call us at 866-896-6001 (toll-free).

If your child(ren) wants to participate in Sibshop, please indicate this on your registration form and fill out the childcare form on-line. **The Sibshop is not designed to be a childcare venue.** Sibshop will run from 9:00 a.m. to 3:00 p.m. on Saturday only. You will take your child to the Childcare Room and the facilitators will pick them up and deliver them back to that room before and after the Sibshop.

#### Texas Parent to Parent

# Peer to Peer Summit

(Note: No registration will be allowed on-site.)

The Peer to Peer (P2P) Summit is a two-day "conference within a conference" for teens and young adults, from I3 to no age limit, with and without disabilities. We are pleased to have Art Spark Texas back to lead the Summit again this year. Through a series of varied activities, the teens & young adults will express themselves through art, music, movement, animation...and maybe just a few surprises! Working alongside professionals in their field they will discover their own hidden talents, share with their peers and family members and bring home some fresh ideas about what is creatively possible!

Each registrant is encouraged to participate as actively as possible, and support is available from Summit volunteers to help each participant "get the most" out of each activity. There are adult volunteers to provide help and supervision, but **P2P Summit is not designed to be a childcare venue.** The P2P Summit is provided in one large and sometimes noisy room. If your teen/young adult has a problem with noise level or large group settings, you may want to seek other arrangements. We are unable to provide **incontinence care** in the Summit so parents must come to take care of that task.

The P2P Summit space will serve as participants' home base for the 2 days of the conference. Some participants will be able and allowed to come and go from the Summit location without being accompanied by another teen or adult, possibly attending conference sessions. We encourage responsibility for decision-making by the teens and young adults who attend. If your teen/young adult is unable or should not be permitted to leave on their own, please consider having a full-time attendant (non-parent) accompany your teen/young adult. The Summit leadership's goal is for parents to be free to attend conference sessions and to promote self-determination for Peer to Peer Summit participants, so it's best that attendants NOT be parents.

If your teen/young adult would like to participate, but you have concerns about whether they'll be able to participate in the activities or any other aspect of the Summit, don't hesitate to call us at 866-896-6001! Registration is \$200.00 and limited to the first 30 paid registrants. **Deadline for registration & full payment is July 31st.** Fill out the Peer to Peer Summit registration form on-line after you complete your registration form. **No registration will be allowed on-site.** Attendants are welcome at no additional charge, and lunch for attendants may be purchased for \$75 each day. Teen/young adult must understand and/or speak English to get the most out of this session. The Summit will run from 8:00 a.m. - 5:00 p.m. on Friday and 8:00 a.m. - 5:00 p.m. on Saturday.



<u>Session Tracks</u> (tracks are the middle 2 numbers in the session # - for example: 1020 - 02 is the Autism track)				
1 Advocacy	11 Spanish			
2 Autism	12 Special Education			
3 Behavior	13 Transition			
4 General				
5 Disability Specific				
6 Medical/ Therapy	REGISTER NOW			
7 Mental Health				
8 Parent Leadership	CLICK HERE			
9 Self-Advocacy	Texas Parent to Parent			
10 Self-Determination				

# TxP2P 19<sup>th</sup> Annual Conference Session 1: 10:30 a.m. – 12:00 p.m., Friday, August 9<sup>th</sup>, 2024

Session	Description	Speakers
1040 General	DADS Only  This is an informal chance for Dads to come together and just talk. To listen and to learn from other dads, to share great things about our kids and to discuss some of the challenges we face. As a dad, you are the expert on your child. Come by and share what you have learned from your child and what your hopes are for their future. Or just come and listen.	Jeff Garrison- Tate & Ron Lucey
1080  Parent Leadership	Family Voice and Family Peer Partners in Texas  Felicia and Nidia will discuss the need for organizations to move from "engagement" to "partnership" with families. They will also share the history and current development of the family voice in Texas from the Texas System Of Care and the office of Peer Support and Recovery at Texas Health and Human Services Commission. Felicia and Nidia will explore what organizations can do to partner with families, through the lens of Certified Family Partners and family peer support work in Texas and also cover the Texas Certified Family Partner program in Texas. Discussion will include building authentic relationships and expectations families may have when working with organizations.	Felicia Mason- Edwards & Nidia Chairez Heston

# Session 1: 10:30 a.m. – 12:00 p.m., Friday, August 9<sup>th</sup>, 2024

Session	Description	Speakers
1090	Advocate: How to Build Self-Advocacy for Access!	Wendy Maurer
Self Advocacy	Wendy will help people with disabilities and their families learn how to self-advocate for their needs, whether it's access to care, educational advocacy or local, state and national advocacy network building – all while online! She will give an in-depth look at how to advocate for policy change with policymakers and community leaders. She will also explain how to promote the use of inclusive policy to help support the rights and well-being of everyone to be able to access educational initiatives, accessible public spaces, online accessibility, online employment accommodations, and healthcare access.	
1110	Opciones Educativas en Texas	Veronica Alvarez
Spanish	Este taller ayudará a informar a los padres sobre algunas de las diferentes opciones educativas disponibles para sus hijos en Texas y cómo estas opciones brindan servicios de educación especial a los estudiantes con discapacidades. Durante esta capacitación, discutiremos las cuatro opciones educativas principales en el estado, identificaremos la terminología clave que los padres necesitan saber para discutir la provisión de educación especial de acuerdo a las diferentes opciones, y compararemos varios aspectos de los servicios	
1120	The Art of Parent Input	Shemica S. Allen
Special Education	A Vision/Parent Input Statement is a visual picture that describes your child now and in the future. Shemica will stress the importance of creating a Vision/Parent Input statement and how to develop an effective, child-focused Statement to be included in their child's IEP. This Statement is a tool parents can use to aid in developing an appropriate IEP. She will also explain the importance of data collection to the Present Levels of Academic Achievement & Functional Performance (PLAAFP) as well as easy to use data collection techniques for parents.	
1130	Who Gets Invited to the Party: Transition Services	Christine Broughal
Transition	Back by popular demand! The more the merrier when it comes to transition planning, and it should not be a surprise party or a belated one. Learn who should be invited, how that invitation should come about, and what kind of services and supports should be offered at the party. As always, Christine and Mara bring new perspectives and insights to effective transition planning.	& Mara LaViola

# Session 1: 10:30 a.m. – 12:00 p.m., Friday, August 9<sup>th</sup>, 2024

Session	Description	Speakers
1131	Choices, Self-Determination and Alternatives	Jeff Miller
Transition	Students with disabilities need planning and preparation that maximizes their ability to make their own life choices and decisions. Jeff will review what individuals, families and school professionals need to know about Texas guardianship reform and transition planning. He will review the guardianship process, discuss specific alternatives to guardianship, such as supported-decision making, and supports and services that can allow individuals with disabilities to meet their support needs without a guardian. Additionally, Jeff will review and discuss transition planning requirements for ARD committees, regarding self-determination, decision-making, the transfer of parental rights, alternatives to guardianship and supports and services.	
1132	Transition to SSI to SSDI and Medicare?? Oh My!!!	Sue Burek
Transition	What happens to people who get SSI when their parent retires, gets a disability, or dies? How will their SSDI affect their SSI? Will they lose their Medicaid or Medicaid Waiver? When will they qualify for Medicare? What happens when Medicare starts - what plan should they choose? Sue will help you find some answers.	

TxP2P 19<sup>th</sup> Annual Conference Session 2: 1:30 – 3:00 p.m., Friday, August 9<sup>th</sup>, 2024

Session	Description	Speakers
2010	Become a Rock Start Medical Advocate  Come join parents and self-advocates to hear many ways to meet the challenges when advocating within the medical community. Discuss how to be prepared, relentless, resilient and confident of your knowledge, observations and lived experience.	Amy Litzinger, Ellen Bauman, Megan Hill & JaReen Williams
Advocacy		TxP2P
2040	Grief and the Stages of Adaptation	Patty Geisinger
General	Learn to make sense of the emotions you may be experiencing, how grief applies to being a parent of a child with a disability or special health care need and how to identify the stages that most parents experience on this journey.	

# Session 2: 1:30 – 3:00 p.m., Friday, August 9<sup>th</sup>, 2024

Session	Description	Speakers
2070 Mental Health	An Introduction to IDD and Mental Health Conditions  Dr. Levi-Shackleford will explore mental health in the IDD population, discuss dual diagnoses signs and empower caregivers to advocate for inclusive care and to combat stigma. Through engaging visuals and interactive discussions, this session promises to enlighten and empower, fostering greater understanding and compassion in caregiving practices.	Dr. Zipporah Levi- Shackleford, PBSF
2090 Self Advocacy	People Planning Together: Peer to Peer Support  Jeff will provide participants with an overview of a training process based on a Peer to Peer model for people with Intellectual and Development Disabilities to support other people with Developmental Disabilities to develop their person centered plan and outcomes.	Jeff Garrison- Tate
2110 Spanish	Explorando el suplemento para el autismo  En esta presentación dirigida a padres, exploramos el Suplemento para el autismo en Texas, que detalla once estrategias respaldadas por investigación para mejorar la educación de estudiantes con autismo.  También se discutirán las guías de TEA y las mejores prácticas de implementación, brindando a los padres herramientas prácticas para apoyar a sus hijos y colaborar con educadores en la creación de IEP efectivos.  Esta presentación ofrece una comprensión clara de cómo integrar enfoques basados en evidencia para promover el éxito académico y social de los niños en el espectro autista.	Adriana Crostley
2120 Special Education	I ARD-ly Know a Thing Sometimes IEP meetings can be overwhelming and confusing. As a parent, you bring a unique perspective and role to the meeting with important information to share. Juan and Lisa will discuss some tools and tips to help you have a more productive and meaningful IEP/ARD meeting. You will walk away with many resources to help you navigate this journey as well as a better understanding of the process.	Juan Alderete & Lisa White
2121 Special Education	Homeschooling for Real Life  Carla will talk about the opportunities, advantages and disadvantages of homeschooling for kids with disabilities and what parents can do to make homeschooling succeed for them. She will talk about how things like autism, ADHD, dyspraxia, anxiety, etc. can affect learning. She will also touch on how you can collaborate with your child to develop competence and motivation and discuss how some kids reject the direction we give. Carla will discuss how to leverage the resources you have into a homeschooling program that works including choosing curriculum styles and establishing goals with your child.	Carla Scruggs

# Session 2: 1:30 – 3:00 p.m., Friday, August 9<sup>th</sup>, 2024

Session	Description	Speakers
2130	Peace of Mind: Plan Today to Protect Our Kids Tomorrow	Ivy Goldstein
Transition	Parents, understandably, are overwhelmed thinking of the future when they can no longer provide and/or oversee their child's daily needs. None of us, though, are protected from unexpected events or the inevitable. Planning helps support a good, meaningful life for our children and avoid a crisis. Join Ivy & Elizabeth to learn the top 3 things needed to put a simple, but essential, plan in place, just in case. Ivy & Elizabeth know it's not easy and want to help you take the first steps.	& Elizabeth Tucker

### **TxP2P 19th Annual Conference**

Session 3: 3:30 – 5:00 p.m., Friday, August 9<sup>th</sup>, 2024

Session	Description	Speakers
3010	Power of the Disability Vote	Bob Kafka
Advocacy	Bob will discuss how through nonpartisan efforts, people with disabilities, family members, professionals and allies can build the power to influence legislation, policies and funding by registering, educating and getting out the disability vote.	
3040	Medicaid Home and Community-Based Waivers	Elizabeth
General	Elizabeth will provide information on the Texas Home and Community-Based Services waivers, including who is eligible, how to apply and the types of benefits available. Waivers pay for things like home modifications, adaptive aids, nursing, behavior supports, care in the home and respite. Texas does not consider a parent's income when determining a child's eligibility for most of these programs. There are also ways for some families to pay a monthly premium to get Medicaid. These services open a world of new possibilities and opportunities for children and families.	Tucker
3041	All Hazards Planning: Do It Yourself Emergency Prep like the Pros	Lisa Treleaven
General	What tools do governments use to prepare for emergencies, and can they be applied to individual and family emergency planning? Whether you are new to emergency and disaster planning for your family, or you want to make your existing emergency plan more comprehensive, join Lisa and Linda to learn about principles and tools used in emergency public health that you can apply to your own preparation. They will discuss hazard analysis, all hazards planning, the emergency management cycle, government and private entity emergency response and new areas of development such as crowdsourcing real-time data in emergencies.	& Linda Litzinger

# Session 3: 3:30 – 5:00 p.m., Friday, August 9<sup>th</sup>, 2024

Session	Description	Speakers
3060	The Need for Health Equity for Women with Disabilities	Dr. Jaishree Ellis
Medical/ Therapy	The CDC states that many women with disabilities do not receive regular health screenings, Pap Smears or mammograms. Dr. Ellis will discuss identified barriers to care, gaps in healthcare implementation and viable strategies for providing comprehensive gynecologic care to women with disabilities. The lack of information regarding establishment of a system that includes every woman, has made it difficult for women with disabilities to access equitable, respectful and complete care. Review of literature, websites and resource guides was conducted to find strong models of care for that can meet their needs. We can learn from these examples to expand healthcare access for all.	
3080	Dive into Leadership: Unlock a Sea of Possibilities!	Valencia
Parent Leadership	Hey there! Are you ready to uncover your inner leader? Leadership isn't some mysterious talent; it's something you can learn! Join Valencia for a fun workshop where she'll dive into all things leadership. Together, you'll explore how each of us can make a real difference by leading with confidence and purpose in various settings. Let's team up and create positive change that brightens our community. Don't miss out – come join the adventure!	Gensollen
3110	Los Programas de Exención de Medicaid	Gilda Gil
Spanish	Los programas de exención de Medicaid son programas que permite el estado utilizar fondos de Medicaid para dar algunos servicios continuos a niños y adultos con una discapacidad en su hogar o comunidad.	
3130	Star Plus Waiver: Am I Eligible	Sue Burek
Transition	The STAR+PLUS Home and Community-Based (HCBS) Waiver (SPW) is a Medicaid waiver for adults (21+) with medical needs who also need long-term services and supports (LTSS) that allows them to get their LTSS services at home or in the community instead of in a nursing home. Adults who are on the other waiver waiting lists can get the SPW while staying on the other waiver waiting lists. Sue can help to see if you or your loved one qualifies for the SPW waiver. NOTE: If you have Medicaid and are eligible for the SPW waiver, there's NO WAITING LIST.	
3131	Transition Care Notebook	Joni Bruce
Transition	As a young person with a disability or special health care need and their family prepare for adulthood, they get information and paperwork from many sources. Joni will provide tools to prepare for transition and to organize the most important information in a central place. She will also prepare them to find and share key information with others who are part of their care team.	

# **TxP2P 19th Annual Conference**

# Session 4: 9:00 – 10:00 a.m., Saturday, August 10<sup>th</sup>, 2024

Session	Description	Speakers
4010	Tell Us Your Bill Ideas	Linda
Advocacy	Parents, self-advocates and siblings, please come to a brainstorming session to tell us what bills and funding changes you need for the upcoming legislative session. We would love to know what changes or funding you need for education, healthcare, mental health, waiting lists, waiver services, work, transportation and housing so that we may press this with the Legislators who are already writing the bills. You can also give us ideas on paper if you need to attend something else.	Litzinger
4030	Behavior Basics to Empower You and Your Child	Jake Watson
Behavior	Join Jake at this session to understand more about why your child behaves as they do, and how to support growth and change! Together, we'll highlight behavior change foundations and key concepts that will educate, equip and empower you and your child for positive change. Jake will address ABCs and functions of behavior, and how observation through a behavioral lens can transform your parenting!	
4040	Advocating for Your Families' Unique Legal Needs	Hilary Hunt
General	Hillary and Jason Gallini, with Texas Legal, will discuss the unique ways a nonprofit legal plan can protect your family through guardianships, estate planning, school administrative hearings, family law and more. Texas Legal is a nonprofit legal benefit plan, founded by the State Bar of Texas and the Texas State Legislature in 1972 as an effort to better meet the legal needs of Texans. As an organization, we educate Texans on the importance of legal protection and work diligently to improve the lives of our members and their families.	Jason Gallini
4070	Marital Resilience	Megan &
Mental Health	Join Megan and Andrew to learn about their family's strategies at surviving the challenges that disabilities place on marriage.	Andrew Hill
4110	¡Déficit de Atencion! ¿Qué hago ahora?	Gilda Gil
	Aproximadamente 10% de los niños están diagnosticados con déficit de atención. En esta sesión hablaremos sobre que es el Trastorno del Déficit de Atención (TDA) y que tratamientos y herramientas	
Spanish	podemos utilizar para que nuestros hijos tengan éxito en sus metas.	

# Session 4: 9:00 – 10:00 a.m., Saturday, August 10<sup>th</sup>, 2024

Session	Description	Speakers
4120	Taking Back Your Power in School Meetings	Jessamyn
Special Education	Culturally, we view schools as the authority and teachers as heroes. In reality, the parents and guardians are the experts on their child, with this point codified in Federal Law. However, parents routinely undersell themselves and remain unheard in school meetings. To flip the script, parents must first value themselves, identify their own triggers and vulnerabilities, understand District priorities and bring data to the table, not donuts.	Putnam
4130	Transition ACTION Groups: From Vision to Action!	Lisa Treleaven
Transition	Often, when parents think about the components of transition, they can become overwhelmed and paralyzed into inaction, which can lead to fear and a feeling of hopelessness. Parents struggle to imagine a safe, happy and productive life for their children with disabilities as adults. Transition Action Groups (TAGs) are a great way for a group of families to work together on not only visualizing transition, but also on supporting each other to achieve their transition goals and objectives. In this introductory presentation, Lisa will discuss how TAGs can help families prepare for all stages of transition.	
4131	Texas Beacons of Excellence Project	Ticarra Cassell
Transition	Ticarra will discuss the Texas Beacons of Excellence Project which aims to increase competitive integrated employment opportunities for people with disabilities. She will also discuss the importance of setting high expectations for young adults early on and the impact that can have on potential employment opportunities in the future.	

Session 5: 10:30 – 12:00 p.m., Saturday, August 10<sup>th</sup>, 2024

Session	Description	Speakers
5040	Introduction to Personal Networks	Jennifer Vincent
General	The best guarantee of a safe and secure future for a person with a disability is to have caring relationships in their life. Personal networks are communities of friends, family members and others who assist and collaborate with a person who may be at risk of isolation because of disability. Networks promote social opportunities, assist with decision-making and offer a committed safety net of support. In this introductory presentation, you will learn about personal networks, how to start a network and hear many powerful stories from families and network members who have started a network. Please join us!	

### **TxP2P 19th Annual Conference**

Session 5: 10:30 – 12:00 p.m., Saturday, August 10<sup>th</sup>, 2024

5041	Care for the Caregiver	Patty Geisinger
General	We all need to find time to care for ourselves! But that can be such a challenge when our children are young, ill or struggling with health, behaviors or school issues! We know it is important to begin with just 5 minutes of self-care. Let's chat about all the ways we can reconnect with ways to care for ourselves so we can care for our children!	
5042	Estate Planning for Families of Children with Disabilities	Alison Packard
General	Alison will explain the importance of estate planning for families that include children with disabilities. She will review some basic estate planning documents such as wills, trusts, powers of attorney, guardian designations and transfer-on-death deeds, as well as specialized planning tools such as ABLE accounts and special needs trusts. She will also discuss the probate process for individuals who die with or without a will (or trust) in place and highlight the unique challenges for our families. Alison will also offer suggestions to avoid probate and provide resources to better understand special needs estate planning.	
5060	Medical Home Sweet Home	Greta James
General	Trusted partners, excellent comprehensive patient centered primary care that considers the whole child & life at home, with family, friends and community including school and workplaces! This is an invaluable resource for parents & self advocates. It is a sweet dream come true but who is living this dream? What expectations do you have of your child's doctor? Are concerns met with timely responsive care? Or do you only dream of a medical home sweet home? Dream with Greta to learn how to recognize a medical home when you see one, how to select one or repair/refurbish the one you have.	Maxfield
5100	Finding a Balance between Safety and Dignity of Risk	Aimee Ortiz-Day
	When trying to keep people safe, sometimes we may go too far and deny their dignity of risk. Ty and Aimee will share how using Person Centered Thinking taught mom (Aimee) to move away from	& Ty Day
Self	parenting through a lens focused on health & safety. This shift in thinking and parenting helped them	
Determination	to have meaningful conversations regarding risks and learn from positive and negative experiences.	
5110	Educación Especial – ¡Lo que usted necesita Saber!	Lionela Castillo
Spanish	Aprenda y comprenda los servicios de educación especial y cuáles son sus derechos como padre. Para poder participar plenamente en las reuniones de IEP/ARD.	

# Session 5: 10:30 – 12:00 p.m., Saturday, August 10<sup>th</sup>, 2024

Session	Description	Speakers
5130	Health Care Transition: Speak Up for What You Need!	Rosalba Calleros,
Transition	Moving from pediatric to adult-based care isn't an automatic, seamless process for youth with disabilities and/or chronic medical conditions. Whether your child plans to work, pursue higher education, volunteer or do something else, having their health needs met is foundational for a good life. Let's make preparing for adult health care easier by empowering youth to use their voices and build choice-and decision-making skills. Come join a self-advocate and parent-professionals who will share personal experiences and insights about this essential transition. We'll explore new ideas for partnering with school teams and clinicians to promote your child's good, healthy life.	Ivy Goldstein & Amy Litzinger
5131	Work is Possible When you Get SSI	Mary Jane
Transition	It's a myth that you cannot work and keep your SSI & Medicaid. Come learn some strategies to keep working, keep your health insurance and keep your waiver. Mary Jane will not discuss how to apply for SSI in this presentation.	Williams

# TxP2P 19th Annual Conference Session 6: 1:30 – 2:30 p.m., Saturday, August 10<sup>th</sup>, 2024

Session	Description	Speakers
6030 Behavior	A Journey Together: From Relationships to Resilience  Join us for an insightful conversation on cultivating resilience and nurturing relationships by focusing on The Big Four skills. Ali and Vaidehee will explore how effective communication, attention-building strategies, fostering leisure and play, and developing coping skills can lay the groundwork for lifelong resilience. From early childhood to elementary school years, discover practical examples and actionable insights to support your child's journey towards emotional well-being and meaningful connections.	Ali Baucom & Vaidehee Gokhale

# TxP2P 19th Annual Conference Session 6: 1:30 – 2:30 p.m., Saturday, August 10<sup>th</sup>, 2024

6040	Special Needs Trusts and ABLE Accounts	Alison Packard
General	Alison will provide an overview of the different types of special needs trusts (self-settled, third-party and pooled trusts) and explain the circumstances under which each type of trust could be beneficial. She will discuss the items and services that can be paid for by special needs trusts, general considerations for selecting an appropriate trustee, the role of trust protectors and common challenges in trust administration. Alison will also examine the use of ABLE Accounts—online tax savings accounts—and the best strategies for individuals with disabilities to save money while still maintaining eligibility for needs-based government benefits.	
6080	Nurturing Resilience: A Journey Through Advocacy	Lyndsey Fedorko
Parent Leadership	In this engaging talk, Lyndsey will share her insights, challenges and triumphs in advocating for the development and support of her children facing medical complexities. Drawing from personal experiences and professional expertise, Lyndsey will offer valuable perspectives on navigating the intricate landscape of healthcare, education and emotional support for children and their families.	
6081	Learn More about Parent Leadership	Linda Litzinger
Parent Leadership	Join us for an informal discussion about leadership, how you can become a family or parent leader, and how you, your family and your community will benefit.	
6110	Taller de Transición 101	Alejandra
Spanish	El objetivo de este taller es: Ofrecer a los participantes una visión general de los servicios de transición a la vida adulta. Explorando estrategias, servicios y recursos para guiarlo a crear una transición significativa para su hijo/hija después de la graduación. Trataremos temas como la elegibilidad para los programas financiados por el gobierno, la creación de una visión a futuro, la autodeterminación y posibilidades hacia una vida próspera.	Arrigunaga & Dora Saavedra

# TxP2P 19th Annual Conference Session 6: 1:30 – 2:30 p.m., Saturday, August 10<sup>th</sup>, 2024

Session	Description	Speakers
6120	SHARS Update: Policy Issues & Advocacy Strategies	Jolene Sanders &
	SHARS (School Health and Related Services) is a state program that provides reimbursement to	Steven Aleman
	schools through Medicaid for health-related services provided to students with disabilities. It covers	
	services such as personal care services, speech therapy and physical therapy. Following a federal audit	
	that found Texas schools had overbilled Medicaid, districts are expecting major losses in special education funding. Steven and Jolene will provide an overview of the SHARS program, explain the	
	financial challenges that schools are now facing and their impact on special education students and	
Special	provide practical advocacy tips to ensure students continue to receive necessary health-related	
Education	services at school.	
6130	Inclusive Post Secondary Education Opportunities	Kason Erwin
	Join Kason for a comprehensive exploration of post-secondary education opportunities for individuals	
	with intellectual disabilities, focusing on guardianship requirements. Learn about eligibility criteria,	
	overview of programs, cost and financial aid, plus more. Whether you're a guardian, student, educator	
Transition	or advocate, Kason will offer valuable resources to navigate post-secondary education. Don't miss this opportunity to learn more about the inclusive educational landscape.	
6131	Unlocking the Secrets of Your IEP	Mary Jane
	In the interest of "time", the school district may address a section of the IEP by asking you a question	Williams
	and checking a box. Do you know what to look for when you review your IEP? There are many sections	
	of the IEP that parents don't realize are even there unless you actually read it! Learn about some	
Transition	important parts of the IEP you should be checking before you sign you agree!	

### **TxP2P 19th Annual Conference**

# Session 7: 3:00 – 4:30 p.m., Saturday, August 10<sup>th</sup>, 2024

Session	Description	Speakers
7010	Inclusive Childcare: What Regulations Mean for Families	Lauren Gerken,
Advocacy	Accessing early childhood education and care when you have a child with a disability can be challenging, but there have been some recent changes in the Texas Childcare Licensing Rules to make access a little easier. Lauren, Jodi and Jolene will review the current Childcare Licensing Rules and their relationship to the Americans with Disabilities. They will also cover the benefits of inclusive childcare for children with and without disabilities and equip attendees with advocacy tools to empower them to navigate childcare with pride and confidence.	Jodi Nerren & Jolene Sanders
7020 Autism	Navigating College with Autism  Jacquie has geared her presentation towards helping parents, caregivers, teens and young adults with autism as they plan to prepare for a transition into college. She'll discuss what skills are needed, accommodations and how to get them, what you can expect from the Texas Workforce Commission and tips for once you're there! There will be time for questions.	Jacquie Benestante
7030	Science of Behavior: Teach to Manage One's Behavior	
Behavior	Simple home, classroom and community lessons anchored in neuroscience place the ownership of behavior on the child. Providing insight in HOW, WHY, and WHAT about behavior changes outcomes for a lifetime. Lives improve when learning about the fascinating 8 Sensory Systems, Peripheral and Central Nervous Systems, and the Limbic System interactions. Positive changes emerge when identifying one's triggers and utilizing predetermined responses to challenges. Join the fun of engaging activities supportive of a calmer state in all settings. This is just what you, your child, and your students need to enhance the quality of life!	
7040	Social Security Disability	Alison Packard
General	Alison will provide an overview of disability benefits available through the Social Security Administration, including Supplemental Security Income (SSI), Social Security Disability Insurance (SSDI) and Childhood Disability Benefits (CDB). She will discuss the medical and technical eligibility requirements for a disability determination, appeal options and general reporting requirements. She'll also discuss SSI resource and income calculations (including earned income, unearned income such as child support, deemed income and in-kind support and maintenance) and the use of special needs trusts and ABLE accounts to maximize benefits.	

# Session 7: 3:00 – 4:30 p.m., Saturday, August 10<sup>th</sup>, 2024

Session	Description	Speakers
7080	Providing Quality Care with Dignity and Respect	Rachel Jastrebski
Parent Leadership	Individuals with disabilities deserve to receive quality healthcare with dignity and respect. Too many of these individuals are restrained or unnecessarily sedated for their medical, dental and personal care procedures. Power To Marc is a different way. Rachel will provide tools and techniques to help individuals practice their procedures beforehand, allowing them space and time to process their fears and empowering them to work through it. Power for Marc caregiver series explains what we do. The online series walks you through the who, what, when, where, how and why of what we do and how you can apply it yourself.	
7090	Defying Low Expectations and Developing Self Advocacy	Krishangi Shroff &
Self Advocacy	Krishangi is a 14-year-old DeafBlind self-advocate who has dyslexia. She is joined by her mother Nilam, a Disability Rights Advocate in this session where they share their journey of defying low expectations and finding their individual voices by developing self advocacy skills. They will talk about the transformative impact of IEP participation on a child's confidence, and the insights gained as parents. The presentation will hold an interactive discussion on designing an "All About Me" document, which can help children to self-advocate. This session will challenge perceptions and equip children and families with advocacy tools for success.	Nilam Agrawal
7110	Liderazgo de Padres	Rosalba Calleros
Spanish	Acompáñenos en una discusión informal sobre el liderazgo, cómo puede convertirse en un líder familiar y cómo usted, su familia y su comunidad se beneficiarán.	
7120	Special Education Cameras: What You Need to Know	Lisa Flores
Special Education	Lisa will cover requesting a camera, requesting footage and what to do when you don't agree with a district's refusal to install and operate a camera in a special education setting.	

2024 Participant Registration

To register online, go to: <a href="http://www.txp2p.org">http://www.txp2p.org</a>

\* <a href="Please note - Lunch is provided">Please note - Lunch is provided, and each participant receives a t-shirt with paid registration</a>. \*

Ist Participant Name: (first & last)		2nd Participant Name: (first & last)				
Email:		County of Residence:				
Address:		City, State & Zip:				
<b>Daytime Phone:</b>		Cell Phone:				
Participant # I T-Shirt ADULT size	□ Small □ Medium □ Large □ XL □ XXL	Participant #2 T-Shirt ADULT Size	□ Small □ □ XI		_	
l am a Co (check only one) Self Please	ent/Family Member	□ #2 Socia □ #2 Medi □ #2 Othe □ #2	al Worker ical Professional er (specify)		□#2	
				Friday	Saturday	
I/We need an interpr	reter: □Sign Language - not available if	register onsite				
	□Spanish					
I/We will eat lunch a	t the conference (provided by TxP2P of	on-site with paid regis	tration			
I/We will attend the f	amily Gathering on Friday evening:	# of adults: #	of kids:			
	ommodations for participant - please		only - children & y	outh will b	e	
I/We would like to at	tend the Peer Parent Mentor Training	on Thursday, Aug. 8t	h (1:00-5:00pm)	Yes_	No	
We are planning to use a conference app Whova this year - this will allow us to offer you several items on your phone, tablet or computer:  Easier check-in  Program on the app  All the handouts from the conference on the app  Floorplan of the hotel without looking for a piece of paper  Nearby restaurants and other services on the app  We will have a team of people available to help you get on the app with whatever device you have. Which are you most likely to use:						
□ Paper						

* <u>Please note</u> -	· Lunch is provided and each chi	Child Ca		aid registr	ation.	. <u>Ex</u> f	tra lu	<u>nch</u>	\$75	<u>.00</u> *	:
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2nd Child's Name (first & last):			Child # 2 T- Shirt Size:	YOUTH ADULT			□ M				
3rd Child's Name (first & last):			Child # 3 T- Shirt Size:	YOUTH ADULT			□ M				
4th Child's Name (first & last):			Child # 4 T- Shirt Size:	YOUTH ADULT			□ M				
5th Child's Name (first & last):			Child # 5 T- Shirt Size:	YOUTH ADULT			□ M				
6th Child's Name (first & last):			Child # 6 T- Shirt Size:	YOUTH ADULT			□ M				
Days childcare will be	e needed. ( <b>Please check all that a</b>	pply)					□ Frid	ау	□s	aturo	lay
	* Please note this session is O	<b>Sibshop</b> NLY for the	<del></del>	ren with c	lisabili	ties.					
I/We would like ou	r child without disabilities to atte	end the Sibsh	op Event on Sa	turday				$\Box$	□ s	aturo	day
Sibshop T-shirt size	e: YOUTH: 🗆 M 🗆 L OR AI	DULT: 🗆 S	□M								
* Please	Pee note - Lunch is provided, and e	r to Peer S ach participa		-shirt witl	h paid	reg	gistrat	ion	. *		
Ist Teen's Name (first & last):		Age	Shirt Size:	ADULT		s $\Box$	—— ] м		L		XL
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PI FASE READ	FINANCIAL ASSIS		•			₹ T.	HF CC	ואכ	FRI	FNC	:F
PLEASE READ THIS WHOLE THING IF YOU NEED SOME ASSITANCE PAYING FOR THE CONFERENCE  We know that the cost of this conference can be a problem for families (we are all parents of children with disabilities ourselves and know how expensive life is) so we have secured some funds to help families who may need it. Please fill out the information below if you want to request a stipend. We cannot cover the whole cost of the conference for you because we have so many families asking for assistance, but we try to cover some expenses for everyone who asks. First consideration for lodging stipends is given to those who live <b>more than 70 miles</b> away from the conference hotel and who have not received lodging stipends in the past 2 years.  We have a lot of families that cancel in the last 2 weeks before the conference and have typically been able to cover											
some expenses for everyone. But you must stay on the registration list until the very end - if you cancel, you lose your position in the line and go to the bottom and may not get funding. So just stay on the list until the end.  We will try to cover I of the items shown below - please pick the 2 you need the most. Please be aware that the											
stipends that cover the hotel are the hardest to get so there are fewer of those and they run out the quickest.  #I - Hotel cost for I adult I8 or over (we can only cover \$107 of the room cost, parking not included) or for 2 adults  #2 - Registration for I or 2 parents  #3 - Childcare costs, up to 2 children  #4 - Peer to Peer Summit or self-advocate for the main conference - up to 2 self-advocates											

Registration	on Summary	y and Pay	yment					
Participant Registration	Early Bird Ends June 28th	Regular Ends July 3 l st	Total Number of Participants	ONSITE Registration	TOTAL			
Parent / Family Member/Self Advocate (Check, cash, credit)	\$350.00	\$400.00		\$450.00				
Professional (Check, cash, credit)	\$450.00	\$500.00		\$550.00				
Peer to Peer Summit (check, cash, credit)	\$200.00	\$250.00		NA				
ANY PAYMENT BY PURCHASE ORDER (if payment is after conference)	\$700.00	\$700.00		\$700.00				
CEUs - Per Participant	\$150.00	\$150.00		\$150.00				
2024 TxP2P Conference  ☐ Speaker ☐ Exhibitor ☐ Sponsor					No Fee			
Child Care & Sibshop Regist	ration	I Child	Each additiona child	II.	<u>TOTAL</u>			
Child Care (2 days)		\$200.00	\$ 75.00					
Sibshop Registration - SATURDAY ONLY (waiv care)	ed if paying child	\$100.00	\$ 75.00					
PA	YMENT INFOR	MATION						
I would like to help pay another family's confere	nce expenses (enter	amount)						
I would like to purchase additional noon lunchesFridaySaturday /meals x \$	•							
I would like to make a tax-deductible contribution	on to TxP2P (enter a	amount)						
<b>Total Amount Due</b> (Including Fees for Participant Registration, CEUs, Te	en Summit, Child Car	e, Sibshops)		\$				
Method of Payment:       □ Check (made payable to TxF (made payable to Tx		rchase Order can Express [						
Credit Card#*	Expiration Date*	3-digit secur (back of		Phone #*(related to card				
Name on Credit Card* (print)			Cardholder'	s Signature*				
* Require For your convenience, payment can also be r	ed to complete credi			call us at 866.9	96-6001			
1 or your convenience, payment can also be i	inade on our secure	**************************************	TO STORY	can as at 000-0	75 5551.			