

TxP2P 13th Annual Conference
June 16-17th, 2017
Mental Health and Behavior Sessions

Session 1: 10:30 a.m. – 12:00 p.m., Friday, June 16, 2017

Session	Description	Speakers
1070 Mental Health	<p>The Impact of Trauma on Children and Adolescents</p> <p>Experiencing trauma can have a complex and far-reaching impact on children and adolescents. This impact can present challenges to parents and caregivers. As parents and family members, you play an important role in helping your child/adolescent learn to cope with the difficult feelings and experiences associated with traumatic stress. Laura and Erica will define trauma and discuss some of the signs and symptoms of traumatic stress in children and adolescents. They will also provide suggestions for helping your child/adolescent cope with traumatic stress, as well as resources for seeking help.</p>	<p>Laura Stevens & Erica Shapiro</p>

Session 2: 1:30 – 3:00 p.m., Friday, 16, 2017

Session	Description	Speakers
2030 Behavior	<p>What do I do when Managing Challenging Behaviors</p> <p>When individuals engage in challenging behaviors, it can often be very difficult to understand why it's happening, know how to respond and determine ways to keep the behavior from occurring again. Jam will discuss the major functions of (reasons for) behavior, we will talk about how we could/should respond to that behavior, and we will learn about things we may need to do to teach new, replacement behaviors.</p>	<p>Jam Page</p>

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Session 5: 10:30 a.m. – 12:00 p.m., Saturday, June 17, 2017

Session	Description	Speakers
5070 Mental Health	The Shame Game: The Stigma of a Mental Health Diagnosis Negative attitudes and beliefs toward people who have a mental health condition are common. Many times, this is associated with the feelings of shame. This presentation will take a look into how you and your loved ones can cope with the stigma associated with mental health and provide positive responses available to counter the negative attitudes.	Barbara Granger, Valencia Gensollen

Session 6: 1:30 – 2:30 p.m., Saturday, June 17, 2017

Session	Description	Speakers
6070 Mental Health	Mental Health 101: How to Get Started When You Suspect Something Are you recognizing that your child is not reaching their developmental milestones? Does your child seem unusually fussy or temperamental? Does your child not respond to typical behavioral consequences or discipline techniques? Does your adolescent seem sad and withdrawn? Has your adolescent had a marked change in sleep or eating habits? Has your child's school performance drastically declined? You will learn the warning signs within each developmental stage for behavioral/emotional/ mental health challenges and how to seek proper assessment and services for your child.	Christianna Hale