

TxP2P 13th Annual Conference
June 16-17th, 2017
General Sessions

Session 1: 10:30 a.m. – 12:00 p.m., Friday, June 16, 2017

Session	Description	Speakers
1040 General	<p>Humor as a Coping Mechanism</p> <p>People who have access to their sense of humor in the midst of stress are much more resilient than the rest of us. They are emotionally more flexible, and can bend without breaking in the midst of the most difficult circumstances. Jan will discuss her use of humor in her journey with her two children with disabilities and how you can use it as well.</p>	Jan Moss

Session 2: 1:30 – 3:00 p.m., Friday, June 16, 2017

Session	Description	Speakers
2040 General	<p>Personal Networks: Enriching Life in the Present & Providing for the Future</p> <p>Personal networks build a community of caring volunteers around a person at risk of isolation. They promote planning and social opportunities in the present, assist with decision-making, and work to be sustainable after parents can no longer be available. Learn more about networks, how they benefit families, and how TxP2P can help you start one. TxP2P has launched a new program called Texas Network Connections, now ready to provide families with a facilitator (for a fee) to create a network—in Central Texas in 2016 and beyond in 2017.</p>	Denise Sonleitner
2041 General	<p>Grief & the Stages of Adaptation</p> <p>Learn to make sense of the emotions you may be experiencing, how grief applies to being a parent of a child with a disability or special health care need, and how to identify the stages that most parents experience on this journey.</p>	Patty Geisinger & Greta James- Maxfield
2042 General	<p>Sibling Panel</p> <p>An honest discussion with siblings whose lives have been enriched by siblings who have disabilities.</p>	Mary Jane Ledesma & Sibling Panel

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Session 3: 3:30 – 5:00 p.m., Friday, June 16, 2017

Session	Description	Speakers
3040 General	<p>Accessing Resources: A Parent's Perspective</p> <p>Learn how parents can access state and local resources. Using her experience as a mother of an adult son with physical and intellectual disability who is also medically fragile, Elaine explains the different programs under the various state agencies and how to know which programs fits your child diagnosis. She will explain the Medicaid Waiver programs including the different aspects of the waivers and how to apply, and how state programs now interface with STAR Kids.</p>	Elaine Hime
3041 General	<p>DADS Only</p> <p>This is an informal chance for Dads to come together and just talk. To listen and to learn from other dads, to share great things about our kids and to discuss some of the challenges we face. As a dad, you are the expert on your child. Come by and share what you have learned from your child and what your hopes are for their future. Or just come and listen.</p>	Christopher Currin & John Roppolo

Session 4: 9:00 – 10:00 a.m., Saturday, June 17, 2017

Session	Description	Speakers
4040 General	<p>Understanding Your Child's Learning Style</p> <p>Parents are a child's most important teacher, and the home can be the best learning environment! Kimberly will introduce you to the 3 main learning styles. This will provide you with ideas and strategies to help your child enhance their learning by interacting and teaching them to their preferred style. Homework tips will be shared as well as inventories you can utilize to determine your child's strongest learning mode.</p>	Kimberly Baumgardner
4041 General	<p>Taking Care of Myself: A Workshop for Parents/Caregivers</p> <p>It's all too easy for parents to put their own needs behind those of their children, and even easier for parents with children with disabilities to ignore their own well-being. Of course we all know "you can't take care of anyone else if you're not healthy," but it is often very hard to act on that knowledge. Susan & Amanda will give a brief introduction to the biological and emotional underpinnings of this all-too-common situation and offer strategies, suggestions, and support for engaging in compassionate self-care (without a staff or a million dollars), allowing time for discussion and questions.</p>	Susan Jackson & Amanda Dishner

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Session 5: 10:30 a.m. – 12:00 p.m., Saturday, June 17, 2017

Session	Description	Speakers
5040 General	<p>Emergencies Happen: Make a Plan with “Ready or Not?”</p> <p>Disasters can strike quickly and without warning. It’s important to know what types of emergencies are likely to affect your area. As a family of a child with special health care needs, planning for an emergency is critical. You and your loved ones could be anywhere when it happens – at work, at school, or in the car. Learn to create an emergency plan for your family.</p>	David Rivera
5041 General	<p>Recruiting, Training & Retaining Attendant Care Providers: Sharing the Love!</p> <p>What is the best way to find high-quality care providers? How do you interview and decide on who will best fill the job? Then how do you train them to keep your child safe and happy? How do you keep them on the team? A panel of experienced parents will share their secrets for finding and retaining a high-quality care team for their children.</p>	Rosemary Alexander & Parent Panel
5042 General	<p>Money to Thrive</p> <p>Chris will provide an Introduction to the basic legal facts and financial principles for creating a secure and meaningful life for your relative with a disability. Topics will include special needs trusts, life insurance, savings plans, and successful integration into work life.</p>	Christopher Currin

Session 6: 1:30 – 2:30 p.m., Saturday, June 18, 2016

Session	Description	Speakers
6040 General	<p>Helping Your Kid Be a Kid - Beyond the Patient</p> <p>Marty will discuss some of the social, emotional and physical challenges we face in getting “out and about” with our children who have complex medical needs. She discuss the challenges, tips to overcome them, and the importance of making sure our kids are kids first and patients second. Marty will also talk about inclusion versus accessibility and how to modify your child's environment effectively.</p>	Marty Barnes

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Session 6: 1:30 – 2:30 p.m., Saturday, June 18, 2016

Session	Description	Speakers
6041 General	Planning for the Future: ABLE Accounts & Special Needs Trusts Saving for the future takes planning and knowing all your tools. Learn what ABLE accounts are, where they are open and how you can set one up. This will include the pros, cons and what your next step is to protect benefits while saving for your loved ones future. Learn about some of the other tools in your toolbox for future planning, including special needs trusts (SNTs), how they work and what works best for your child's situation. Haley will also discuss the Master Pooled Trust, a unique SNT, and how it might be the right fit for your family.	Haley Greer

Session 7: 3:00 – 4:30 p.m., Saturday, June 17, 2017

Session	Description	Speakers
7040 General	Care Notebooks Understanding what records to save and how to be organized and efficient can take some exploration. Come view the many ideas and decide what might work for you!	Sherry Santa