

**TxP2P 13<sup>th</sup> Annual Conference**  
**June 16-17<sup>th</sup>, 2017**  
**Autism and Behavior Sessions**

**Session 2: 1:30 – 3:00 p.m., Friday, June 16, 2017**

Session	Description	Speakers
1020  Autism	<p><b>Breaking through Challenges for Adults with Autism Spectrum Disorder (ASD)</b></p> <p>Break Thru Central is an 1115 project that helps meet the challenges in the areas of social, wellness, independent living, and prevocational skills for adults with ASD. Donna will share what the project has learned as a collective group to help adults and their families by meeting the individuals where they are and assisting them to the next step of independence.</p>	<b>Donna Flannery</b>

**Session 2: 1:30 – 3:00 p.m., June 16, 2017**

Session	Description	Speakers
2030  Behavior	<p><b>What do I do when Managing Challenging Behaviors</b></p> <p>When individuals engage in challenging behaviors, it can often be very difficult to understand why it's happening, know how to respond and determine ways to keep the behavior from occurring again. Jam will discuss the major functions of (reasons for) behavior, we will talk about how we could/should respond to that behavior, and we will learn about things we may need to do to teach new, replacement behaviors.</p>	<b>Jam Page</b>

**TxP2P 13<sup>th</sup> Annual Conference**  
**Session 3: 3:30 – 5:00 p.m., Friday, June 16, 2017**

Session	Description	Speakers
3020  Autism	<p><b>Special Topics in Autism</b></p> <p>While there can be many different challenges experienced when working with a person with autism, there are some behaviors that can definitely be more challenging than others. Jam will discuss strategies to use and ways to manage things such as aggression (towards self and others), self-stimulatory behaviors, echolalia, puberty/sexuality challenges (such as masturbation), and others.</p>	<b>Jam Page</b>

**TxP2P 13<sup>th</sup> Annual Conference**  
**Session 7: 3:00 – 4:30 p.m., Saturday, June 17, 2017**

Session	Description	Speakers
7030  Behavior	<p><b>Losing Control: Managing Behavior Using a 5-Point Scale</b></p> <p>Managing behavior is often a parent's top priority for their child. While intensive behavior plans and trained professionals are highly successful at managing and reducing these behaviors, these types of interventions are not always sustainable in the natural environment and with caregivers. Using a 5-point scale can be beneficial for many reasons including: helping all caregivers handle behavior consistently and across multiple people; systematizing rewards and consequences tied to observable behavior; self-monitoring for individuals who can learn to self-monitor; and giving caregivers and the child the language to discuss emotions and behavior. We will discuss the basic components of a 5-point scale and discuss other ways to use scales to manage things like voice volume, anxiety, and relationships.</p>	<b>Alex Arfsten</b>