



Texas Parent To Parent

Transition Inventory

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This tool is to help you look at what resources are currently available and what is lacking in your life and your child's life to use in planning for his or her progress toward adulthood; this inventory will help you determine what steps to take as you work for quality of life for your child with a disability.

<u>Do the numbers...</u>	Your child's current age:	
	Age and year when your child will graduate:	
	Number of years in school until graduation:	

Inventory of resources

<u>Funding and services</u>	<u>Not relevant</u>	<u>Done-- hurray! / Currently RcvingSvcs</u>	<u>Not yet done-- Options to carry out and notes on how to do it</u>	<u>Resources to help</u>
No assets over \$2000 in child's name Able Account (coming soon)			Talk to a lawyer or Arc of Texas. Create special needs trust. Do by age 18. TAX ADVANTAGED SAVINGS ACCOUNT.	Arc of Texas www.thearcoftexas.org www.texasable.org
Current evaluation			Use to establish eligibility, age 18 & in last year of school	School district Doctor Local IDD Authority
Medicaid waivers			Get on waiting lists for relevant program NOW If on waiting list, find your child's number to use in planning	CLASS-877.438.5658 HCS-your local IDD Authority MDCP (STAR Kids)-877.438.5658 www.dads.state.tx.us/contact/search.cfm
SSI/Medicaid (Supplemental Security Income) SSDI after parent starts taking SS			Must prove eligibility based on disability & income (based on family income before age 18, person's income after age 18)	Local Social Security office or 800.772.1213(avoid calling or office visit on Mon, Fri, first & last days of month) www.ssa.gov
LIDDA (Local Intellectual & Developmental Disability Authority)			Schedule intake at LIDDA--Must prove eligibility based on income and disability (based on family income before age 18, person's income after age 18)	Find your local center at www.dads.state.tx.us/contact/search.cfm Ask about Community First Choice services.

<u>Funding and services</u>	<u>Not relevant</u>	<u>Done-- hurray! / Currently RcvingSvcs</u>	<u>Not yet done-- Options to carry out and notes on how to do it</u>	<u>Resources to help</u>
Texas Workforce Commission			Vocational Rehabilitation Services, can open a case before graduation. Ask your school staff what services are available while still in school.	800.628.5115 www.twc.state.tx.us/jobseekers/vocational-rehabilitation-services ask your child's teacher to link you with the Texas Workforce Commission

<u>School Transition Services</u>	<u>Not relevant</u>	<u>Done-- hurray! / Currently RcvngSvcs</u>	<u>Not yet done-- Options to carry out and notes on how to do</u>	<u>Resources to help</u>
Your child's graduation year			At age 18 graduate <u>or</u> walk across the stage but DO NOT receive diploma and get services through the year he or she turns 22 (or some year in between)	Talk to teacher or the TED (Transition and Employment Designee)
Your child's graduation plan			Know what plan your student is graduating under.	Discuss with teacher & school counselor
Vocational programs Career & technology			Find out what's available in your district	Teacher or VAC (Vocational Adjustment Counselor)
19+ programs			Find out what's available in your district	Teacher
Off campus work experience			Find out what's available in your district	Teacher or VAC (Vocational Adjustment Counselor)
Transition goals in IEP			Should reflect your child's priorities for life after graduation; goals in 4 life domains: vocation, post graduation learning, living options, & recreation/leisure	Teacher according to TAC 89.1055(i), the IEP must include a postsecondary goal for; 1. Education 2. Employment 3. And, where appropriate, Independent Living
Planning process with school staff			Consider 4 life domains: vocation, post graduation learning, living options, & recreation/leisure	Teacher
Going to 2 year post-graduation program			Explore options at community colleges, technology certifications, on-line classes	Register with disability services office of local community college
Going to 4 year post-graduation program			Must be accepted on own merits; student may receive accommodations under ADA, but not modifications	Register with disability services office of colleges & universities
Find learning opportunities in the community			Explore options at community colleges, technology certifications, on-line classes; centers for independent living; local non-profits, recreation centers	

<u>Legal Issues</u>	<u>Not relevant</u>	<u>Done-- hurray! / Currently RcvngSvc</u>	<u>Not yet done-- Options to carry out and notes on how to do</u>	<u>Resources to help</u>
Guardianship			Not until child is age 18; start 4-6 months before age 18. Try your county probate court website for forms, instructions. Limited guardianship appropriate? Be ready to pay lawyer, bond and court fees. After age 18, must renew guardianship annually, pay bond	Contact an experienced lawyer; find lawyer referrals through elder care services, advocacy groups, parent list serves More info at www.disabilityrightstx.org Probate website for form.
Alternatives to Guardianship			POA (Power of Attorney Medical, financial or Educational) Supported Decision Making	http://www.thearcoftexas.org/site/DocServer/Supported_Decision_Making_For_Families_UPDATED_Jan_2016.pdf?docID=4564
ABLE Act (coming soon)			Tax-advantaged savings account will not affect eligibility for SSI, Medicaid and other public benefits	www.texasable.org
Estate planning			Draw up a will. Avoid child inheriting more than \$2000 or holding bank accounts, trusts, etc over \$2000 IN HIS or HER NAME. Estate planning with a certified estate planner for ways to meet your child's needs long term.	Contact an experienced lawyer or estate planning professional. Find lawyer referrals through, advocacy groups, parent listservs, Master Pooled Trust at The Arc of Texas: http://www.thearcoftexas.org/rust/index.php#about_supplemental_needs

All aspects of life and quality of life issues	<u>Not relevant</u>	<u>Done--hurray! / Currently RcvngSvcs</u>	<u>Not yet done-- Options to carry out and notes on how to do</u>	<u>Resources to help</u>
Planning process			Learn about person-centered planning, MAPS(Making Action Plans), PATH (Planning Alternative Tomorrow with Hope)	School, Education Service Centers, Parent groups www.pacer.org http://www.thearcoftexas.org/site/DocServer/PATH.pdf?docID=3204
Self-determination			Give your child the chance to make choices and live with consequences	www.pacer.org
			Work with your child's teacher so your child can participate in and eventually lead her ARD meetings	Teacher, Education Service Center
Networks, relationships			Encourage your child's interests. Invite people into your lives. Include IEP goals on social skills. Look for ways to use school for social groups. Parent groups, on-line groups.	Networks in <i>A Good Life</i> at: https://plan-31.myshopify.com/collections/books Texas Network Connections: http://www.txp2p.org/parents/TexasNetworkConnections.html
			Microboards (network becomes a small non-profit for one person)	http://www.thearcoftexas.org/site/Search?query=microboards

<u>Where to live</u>	<u>Not relevant</u>	<u>Done-- hurray! / Currently Rcvng Svcs</u>	<u>Not yet done-- Options to carry out and notes on how to do</u>	<u>Resources to help</u>
Group homes			HCS group home (max of 4) ICF-IDD group home (6+) -talk to your local LIDDA center	Get on HCS waiting list. Find your local center at www.dads.state.tx.us/contact/search.cfm
Dedicated communities Intentional community			Community living with a purpose Search the web using “living options disabilities,” etc	Examples: Down Home Ranch-Austin area New Danville-Houston area L'Arche-international
HCS foster family Shared parenting			Family of origin becomes a foster home, paid by HCS, purchase services 2 families that share child's care, child could live with either family	Get on HCS waiting list. Find your local center at www.dads.state.tx.us/contact/search.cfm www.everychildtexas.org
Own or rent			Share resources with other families; “parent run” group home; several friends living together	Section 8 housing HOYO (Home of your own) Habitat for Humanity
Co-housing			Pooling resources, separate living quarters with common area	

<u>Work</u>	<u>Not relevant</u>	<u>Done-- hurray! / Currently Rcving Svcs</u>	<u>Not yet done-- Options to carry out and notes on how to do</u>	<u>Resources to help</u>
School assistance			Goal: Leave school with a paid job, supports as needed Work skills classes--> school based work experience--> -> off-campus internships--> off-campus paid job	Explore school-based programs: Vocational Assistance Coordinator (VAC), Supported Employment Team, Teacher, LIDDA, Education Service Center, DARS, TED or non-profits
Home assistance			Focus on and encourage child's interests, talents, abilities; give child responsibilities at home; neighborhood jobs; volunteering	Talk to friends, neighbors, colleagues to help find volunteer and work opportunities
Transportation			Young adult must have a way to get to & from work. Ask school to provide training	School, IEP goal Local non-profits

<u>Adult medical services</u>	<u>Not relevant</u>	<u>Done-- hurray! / Currently Rcving Svcs</u>	<u>Not yet done-- Options to carry out and notes on how to do</u>	<u>Resources to help</u>
Age of majority = 18			Assist your child to learn about his or her disabilities, medications, procedures (start at age 14); talk to current providers about continuing to share information with you after child is 18	Talk to current providers HIPPA form Supported Decision Making form
Current medical providers (pedi)			List current services that need to be replaced with adult services	Talk to current providers
Adult medical providers			Find adult med providers to replace pediatric services	Ask pediatric doctors, clinics, parent groups and list serves
Adult insurance			Explore keeping child on your work provided medical insurance til 26 or permanently; Medicaid, HIPP	Medicaid 800.252.8263 HIPP if on Medicaid & private insurance shares cost 800.440.0493 Dept of State Health Services
STAR + PLUS			Texas Medicaid provides health care for 21+ (and long term support services if eligible.)	http://www.hhsc.state.tx.us/medicaid/managed-care/starplus/

<u>Caring for yourself through transition years</u>	Not relevant	<u>Done--hurray! / Currently RcvngSvcs</u>	Not yet done-- Options to carry out and notes on how to do	Resources to help
Look at emotional barriers to planning for your child			Talk, think, write, listen to your child, read, research	
Find emotional support			Reach out to other parents, parent groups	Your school; TXP2P; Local support groups; Parent list servs
Build a network for yourself			Reach out to others, both within the disability community and without	Relatives; friends; neighbors; colleagues; parent groups
Start a planning process			Person-centered planning, MAPS, PATH	School Region Education Service Center

<u>Getting organized</u>	Not relevant	<u>Done--hurray! / Currently RcvngSvcs</u>	Not yet done-- Options to carry out and notes on how to do	Resources to help
Start a record keeping system			Use what works for you; date everything; write down person you talked to at agencies, etc	
Learn more about transition			Internet, school, parent groups, keep lists of possible services, ideas, people, resources	
Create a list and prioritize			Brainstorm then organize find someone to help	
Get to know internet transition resources			Look for the transition menu or option at the following websites plus many more	www.disabilityrightstx.org www.esc1.net www.ncset.org www.pacer.org www.thearcoftexas.org www.parentcenterhub.org/resources

Your List

Write down what you need to do in a few of the following categories:

	Not relevant	<u>Done-- hurray! / Currently Rcving Svcs</u>	Not yet done-- Options to carry out and notes on how to do	Resources to help
Funding and services				
School transition services				
Legal issues				
All aspects of life quality of life issues:				
Where to live				
Work				
Adult medical services				
Caring for yourself through transition years				
Getting organized				

Highlight the one that is most important to do NOW!