



Texas Parent to Parent

Texas Parent to Parent Statewide Resource Information

Texas Parent to Parent

(512) 458-8600

(866) 896-6001

www.txp2p.org

A statewide non-profit developed for parents by parents: provides parent to parent matches, emotional support, information, websites, resources, newsletter, training, etc.

Mission:

Texas Parent to Parent supports children with disabilities, chronic illness, and other special healthcare needs by empowering their parents to be advocates for them through peer support, resource referral and public awareness.

Services

2-1-1

(877) 541-7905

(877) 833-4211 (TTY)

<https://www.211texas.org>

2-1-1 Texas provides information on and access to Medicaid, Food Stamps, Temporary Assistance for Needy Families (TANF), Children's Health Insurance, nursing home care and other services. When callers dial 2-1-1, they are connected to area information centers in their region. 2-1-1 is a public/private partnership with United Way Capital Area and the Texas Health and Human Services Commission. The goal is to be a "one stop" comprehensive, confidential information and community resource.

The Arc of Texas

(800) 252-9729

www.thearcoftexas.org

The Arc of Texas is affiliated with the Arc of the United States and has 48 chapters in Texas working to provide additional supports and services to families throughout the State.

Department of Assistive and Rehabilitative Services (DARS)

ECI (Early Childhood Intervention)

(800) 628-5115

www.dars.state.tx.us/ecis/

Therapies for children, birth to 3-years-old, provided in home; evaluation of child's physical and mental development. Provision of services related to disability (OT, PT, and Speech). Call to locate provider in your area (based on zip code).

Department of Assistive and Rehabilitative Services (DARS)

Formerly TRC (Texas Rehabilitation Commission)

(800) 628-5115

www.dars.state.tx.us

Rehabilitation programs for children and adults over 16 and up to help Texans with disabilities lead more independent and productive lives.

Division for Blind Services (DARS)

Formerly Texas Commission for the Blind

(800) 628-5115

www.dars.state.tx.us/dbs/

For service centers in your region of the state please visit their website.



Services (continued)

Office of Deaf and Hard of Hearing Services

Formerly Texas Commission for the Deaf

(512) 407-3250 (Austin area) For service centers in your region of the state please visit their website.

(512) 407-3251 TTY

(800) 628-5115

(866) 581-9328 TTY

www.dars.state.tx.us/dhhs/index.shtml

Department of Aging and Disability Services (DADS)

Formerly MHMR (Mental Health & Mental Retardation)

(800) 458-9858

www.dads.state.tx.us

Provides some services and financial programs like respite money, In-Home and Family Support program and Medicaid waiver programs

CSHCN - Children with Special Health Care Needs

(800) 252-8023

The Children with Special Health Care Needs (CSHCN) is made up of several programs that provide services to children with extraordinary medical needs, disabilities, and chronic health conditions. The CSHCN health care benefits program pays for medical care, family support services, and related services not covered by Medicaid, CHIP, private insurance, or other "third party payor."

www.dshs.state.tx.us/cshcn

Education

Parent Training and Information Centers (PTI) - Parents of infants, toddlers, children and youth

throughout the state of Texas are served under three regional PTI's funded by the U.S. Department of Education, Office of Special Education Programs. Services include training, education, information and referral, emotional support, and technical assistance.

(800) 866-4726 **Partners Resource Network, Inc.**

www.PartnersTX.org

PATH Project

Coordinating Office

(800) 866-4726

PTI serving Beaumont, Huntsville, Austin, Waco, Dallas,

Fort Worth, Wichita Falls, and East Texas

Parent Education Network

(PEN)

Coordinating Office

(877) 762-1435

PTI serving Lubbock, Amarillo, Abilene, Midland/Odessa, San Angelo,

and El Paso



Education, continued

Together Everyone Achieves More

(T.E.A.M.)

Coordinating Office

(877) 832-8945

PTI serving Central and South Texas including Houston, San Antonio, Corpus Christi, Victoria and the Rio Grande Valley

WrightsLaw

(866) 398-1022

www.wrightslaw.com

Information about special education law and advocacy for children with disabilities.

Advocacy

Disability Rights Texas

(800)-252-9108

A Federally funded agency (every state has one) that advocates for people with disabilities. They can only help people whose issues are one of their current priorities although their website has lots of useful information and they can send you information. Sometimes a call can get you an answer to a specific question. State office located in Austin, with branches around the state.

www.disabilityrightstx.org

Insurance

CHIP- Children's Health Insurance Program

(800) 647-6558

A national program designed for families who earn too much money to qualify for Medicaid, yet cannot afford to buy private insurance.

<http://www.chipmedicaid.com/>

HIPP –Health Insurance Premium Payment Reimbursement Program

(800) 440-0493

This is a Medicaid program that pays for the cost of premiums, coinsurance, deductibles, and other cost sharing. The program reimburses the policy holder due to private health insurance payroll deductions for Medicaid eligible persons when it is determined to be cost effective.

www.gethipptexas.com

Medicaid

(800) 252-8263

Low-income families may qualify for this program by income or in extreme situations when medical expenses exceed income .you can also see website for various other Medicaid programs like Kidney Health Care, Medical Transportation and others

www.hhsc.state.tx.us/medicaid/contacts.shtml



Insurance, continued

SSI (Supplemental Security Income)

(800) 772-1213 Monthly payment and Medicaid; based on family income and resources if child is under age 18; based on individual if over age 18.
www.ssa.gov/

Pre-Existing Condition Insurance Plan (PCIP)

(866) 717-5826 Federal Program – Providing health coverage for eligible children and adults with pre-existing conditions.

www.pcip.gov

Transportation

Medical Transportation Program (through TX Dept. of Transportation)

(877) 633-8747 Provides eligible Medicaid clients, under 21 with non-emergency transportation services to Medicaid covered medical and dental care.

www.hhsc.state.tx.us/QuickAnswers/GetRide_FAQs.shtml

Medicaid Waiver Programs

These programs are based on child's income (not the parents) in order for them to qualify for Medicaid and receive additional services that will allow a child to remain in the community as opposed to a nursing home or institution. The programs provide funding for a personal attendant, respite, therapies, adaptive aids, home and vehicle modifications, etc.

The below listed programs are all found on the following website:

www.dads.state.tx.us

MDCP (Medically Dependent Children's Program)

(877) 438-5658 This program provides a variety of services to support families caring for children who are medically dependent and to keep the children in their communities.

www.dads.state.tx.us/services/faqs-fact/mdcp.html



Medicaid Waiver Programs, cont'd

In-Home and Family Support Services

(877) 438-5658

This program provides direct grant benefits to adults and children with disabilities to purchase services to let them live in the community.
(Waiting list)

www.dads.state.tx.us/services/faqs-fact/ifs.html

CLASS (Community Living Assistance Support Services)

(877) 438-5658

This program provides home- and community-based services to people with related conditions as a cost-effective alternative to placement in an intermediate care facility. (A related condition is a disability, other than mental retardation, that originated before age 22 and that affects the ability to function in daily life.) (Waiting list)

www.dads.state.tx.us/services/faqs-fact/class.html

Community Based Alternatives (CBA)

(800) 458-9858

This program provides home- and community-based services to people who are elderly and to adults with disabilities as a cost-effective alternative to living in a nursing home. (Waiting list)

www.dads.state.tx.us/services/faqs-fact/cba.html

MRLA (Mental Retardation Local Authority) or HCS (Home and Community Services)

(800) 458-9858

MHMR Medicaid waiver programs
(Waiting list)

www.dads.state.tx.us/services/faqs-fact/hcs.html

Texas Home Living Program (TxHmL)

(800) 458-9858

Provides selected essential services and supports to people with intellectual and developmental disabilities who live in their family homes or their own homes.

www.dads.state.tx.us/services/faqs-fact/txhml.html

Youth Empowerment Services (YES) Waiver

Bexar and Travis Counties only

(512) 206-5862

Services for children and adolescents with severe emotional disturbances and their families. Ages 3-18 years.

www.dshs.state.tx.us/mhsa/yes/

You may need to contact your local Texas Department of Aging and Disability Services to find out what specific Medicaid Waiver Programs are available in your area.



National Resources

NICHCY (National Dissemination Center for Children with Disabilities)

(800) 695-0285 Disability library and information on related services; produces state resource sheet.
<http://nichcy.org>

Exceptional Parent Magazine

(877) 372-7368 Monthly magazine for parents and professionals; National website includes resources for parent to parent programs; information and referral centers, disability library, services, products and much more.
www.eparent.com

NORD (National Organization for Rare Disorders)

(800) 999-6673 Information and referrals on rare disorders
www.rarediseases.org

MUMS (Mothers United for Moral Support)

(920) 336-5333 National parent to parent network which provides information and emotional support to parents whose child has a rare disorder.
(877) 336-5333
(toll free for parents only)
www.netnet.net/mums/

NIH (National Institute of Health)

(301) 496-4000 Stephen Groft at the office of rare diseases provides information on which hospitals and physicians are doing research or clinical trials on any disease
www.nih.gov

NAMI (National Association for Mental Illness)

(800) 950-6264 Provides information and training programs for caregivers of individuals with mental health issues or brain disorders
www.nami.org

National Fathers Network

www.fathersnetwork.org/ Provides training and emotional support for fathers of children with special health care needs and developmental disabilities.

Please visit our website Resource Directory for other resources that may be available in your area. We appreciate your notifying us of any changes that may need to be made to this list or the website.
www.txp2p.org