



Texas Parent to Parent San Antonio and Vicinity Resource Information

Texas Parent to Parent

(512) 458-8600
(866) 896-6001
www.txp2p.org

A statewide non-profit developed for parents by parents: provides parent to parent matches, support, information, website, resource, newsletter, etc.

Mission:

Texas Parent to Parent supports children with disabilities, chronic illness, and other special healthcare needs by empowering their parents to be advocates for them through peer support, resource referral and public awareness.

Local Resources

ECI (Early Childhood Intervention)

Early childhood intervention services to families with children 0-3 years that have developmental delays. Provider based on zip code; call 1-800-628-5115 or one of the three agencies listed to locate provider for your area.

Brighton School	(210) 826-4492
Easter Seals Rehabilitation Center	(210) 614-3911
Center for Health Care Services	(210) 261-3350
Early Childhood Well-Being Project (Family Service Assoc.)	(210) 299-2400

Parent Companion

www.Parentcompanion.org

A guide for Texas parents and caregivers of children with diagnosed or suspected disabilities from birth through 5 years of age.

Navigate Life Texas

<https://www.navigatelifetexas.org>

Statewide website created for parents of children with disabilities or special health care needs. Designed to offer support, inspiration, resources and links to services available.

Alamo Area Council of Governments

Alamo Local Authority for Intellectual and Development Disabilities (ALA for IDD)

(210) 832-5020

Provides community services and supports for eligible adults and children with intellectual and developmental disabilities and their families in Bexar County.

www.aacog.com



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Local Resources (Continued)

The Center for Health Care Services

(210) 731-1300

www.chesbc.org

Linkages to other services and waiting lists, respite, case management
Providing mental health, developmental disability and substance abuse services.

Partners Resource Network, TEAM Project

(210) 427-0828 or

(877) 832-8945

www.partnerstx.org/TEAM

Parent Training and Information Center

Any Baby Can – San Antonio

(210) 227-0170

www.anybabycansa.org

Provides case management, crisis assistance, sibling support, information and referrals to access community resources for children 0-17.

Any Baby Can – Kerrville

(830) 792-4222

Region 20 Education Service Center

(210) 370-5200

www.esc20.net

Provides resources and training opportunities for parents and professionals.

School District Parent Liaisons

Assists with special education and parent support.

Alamo Heights ISD

Natalie Russell

(210) 442-3700 x 3715

Tracy Maxwell

(210) 442-3700 x 3715

tmaxwell@ahisd.net

Judson ISD

Susan Wright

(210) 945-5368

swright@judsonisd.org

Northside ISD

Rhonda George

(210) 397-5482

rhonda.george@nisd.net

Southwest ISD

Rose Pastrano

(210) 622-4355 x 17

rpastrano@saisd.net

If you do not find your school district listed, please call your school district's special education office or your region service center.

SAILS (San Antonio Independent Living Services)

(210) 281-1878

www.sailstx.org

Advocacy and referrals for all ages, independent living skills and transition assistance for teens 14 and up.



Local Resources (Continued)

Arc of San Antonio

(210) 490-4300

Provides case management, respite, pantry services and ARD support.

www.arc-sa.org

Texas Federation of Families for Children's Mental Health

(210) 944-9972

Supporting children & youth with emotional, behavioral or mental disabilities.

www.texasfederationoffamilies.org

CSD (Communication Services for the Deaf) of Texas

(800) 642-6410

Improving the lines of communication and a more accessible world for the deaf and hard of hearing.

www.c-s-d.org

Respite Care of San Antonio, Inc.

(210) 737-1212

Respite developmental daycare for children 6 wks – 6 years; day/night out services as well.

<http://www.respitecaresa.com>

Local Support Groups:

(Call for current meeting times and locations)

Down Syndrome Association of San Antonio	(210) 349-4372
Division for Blind Services	(210) 785-2750
Brain Injury Association of Texas	(800) 392-0040
Cystic Fibrosis Foundation – Lone Star Chapter	(210) 829-7267
Alamo Head Injury	(210) 614-4323
Any Baby Can Sibling Support Group	(210) 227-0170
CHADD (Children and Adults with Attention Deficit Disorder)	(800) 233-4050
Clarity Child Guidance Center	(210) 616-0300
NAMI National Alliance for Mental Illness, S.A.	(210) 734-3349
Epilepsy Foundation of Central and South Texas	(210) 653-5353
Muscular Dystrophy Association – San Antonio	(210) 650-3181
T.A.A.I.D. (Texas Adults with Autism and Intellectual Disabilities)	(210) 262-6740



Very Important!!

There are three waiting lists you should get on now for services that will make a big difference later:

CLASS (Community Living & Support Services)	(877) 438-5658
MDCP (Medically Dependant Children's Program)	(877) 438-5658
HCS (Home & Community Services)	(800) 458-9858
TxHmL (Texas Home Living Program)	(800) 458-9858
(YES) Waiver (Youth Empowerment Services)	(210) 731-1300

These programs provide funding, based on the income of the individual with disabilities (not the family), for therapies, assisted/supported living, home and vehicle modifications, nursing, adaptive aids and more. Waiting lists are years long; so sign up now!

Other Helpful Numbers

2-1-1 Texas United Way's comprehensive, confidential information and community referral program with a computerized database of services that serves Texas residents.

SSI (Supplemental Security Income)
(800) 772-1213 Monthly payment and/or Medicaid - dependent on family income

Department of State Health Services (DSHS)
(210) 949-2000
www.dshs.state.tx.us Children with Special Health Care Needs

Department of Aging and Disability Services (DADS)
(888) 902-9990 Long-term care programs
www.dads.state.tx.us

Department of Assistive and Rehabilitative Services (DARS)
(210) 785-2750 Blind and visually impaired services
www.dars.state.tx.us/dbs/



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Other Helpful Numbers continued:

San Antonio Parks & Recreation – Adaptive Sports & Recreation Program

(210) 207-7275

Wheelchair sports, summer day camps, aquatics

www.sanantonio.gov/parksandrec/sports.aspx

Family Service Association

(210) 299-2400

Head start, parenting education, counseling, behavioral health, education and workforce.

www.family-service.org

A Caring Choice (through the ARC of San Antonio)

(210) 490-4300

After school and summer recreational programs

www.arc-sa.org

For more resources, including resources in other cities/counties of Texas please visit the Resource Directory on www.navigatelifetexas.org